

**ALCOHOL AND DRUG TREATMENT,  
INTERVENTION AND SELF-HELP  
RESOURCES  
IN  
SANTA CRUZ COUNTY**



**COUNTY OF SANTA CRUZ  
ALCOHOL AND DRUG PROGRAM**

**Bill Manov, Ph.D., Chief**

**1400 Emeline Ave. Bldg. K  
P.O. Box 962  
Santa Cruz, California 95060**

**(831) 454-4050**

**<http://www.recoverywave.com>**

Updated: March 9, 2016

## DETOXIFICATION

### JANUS OF SANTA CRUZ \*

200 7<sup>th</sup> Ave. Suite 150  
Santa Cruz, CA 95062

**Main Desk: (831) 462-1060**  
[www.januscc.org](http://www.januscc.org)

For over 30 years, Janus of Santa Cruz has helped thousands of people find their way out of alcohol and drug addiction and into healthy and productive lives. We offer help, hope and results to individuals and families in need of alcoholism rehabilitation, drug detoxification and opiate addiction treatment. Janus provides a variety of alcohol and drug rehab options designed for individual needs, from Outpatient Services and Short-term Detoxification to Extended Residential Treatment and ongoing medical treatment for opiate addiction at the Janus Community Clinic. Our Perinatal Program offers both residential and day programs for drug and alcohol dependent pregnant women and new mothers. And our two Sober Living Environments provide short-term as well as long-term stays. Insurance accepted. Medi-Cal accepted for Perinatal treatment. Santa Cruz residents may be eligible for no cost services. Wheelchair accessible. **Bilingual.** *Se habla español.*

### THE CAMP

3192 Glen Canyon Road  
Scotts Valley, CA 95066

**Contact: Pamela Alba**  
**Tel: (831) 438-1868**  
**Toll Free: 1(800) 924-2879**  
[www.camprecovery.com](http://www.camprecovery.com)

Residential treatment center with medically supervised detox services. Capacity: 53 adult and 17 adolescent beds. Flexible lengths of stay, maximum 30 days for inpatient care. Also intensive outpatient. Per diem rates for all levels of care. Private insurance accepted. Lifetime aftercare included. Wheelchair accessible. No bilingual or hearing impaired services.

### ELEVATE ADDICTION SERVICES

262 Gaffey Rd.  
Watsonville, CA 95076

**Contact: Chris Newbold**  
**Tel: (844) 571-0736**

Elevate drug and alcohol rehab provides an individually tailored treatment program focusing on healing the mind, body and spirit. Located in beautiful Santa Cruz County, our staff have been helping people from around the country to overcome addictions for over 20 years. Our non 12-step program has been designed to meet each client's specific needs. Through the use of an individual treatment plan, the client is able to get the most out of treatment.

## RESIDENTIAL

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### JANUS PERINATAL RESIDENTIAL \*

516 Chestnut St.  
Santa Cruz, CA 95060

**Main Desk**  
**Tel: (831) 423-9015**  
**Fax: 423-9098**

Residential Treatment and Day Treatment programs available for women with children. Recovery program promotes the health and well being of mothers and their children by offering life skills of recovery from alcohol and drug addiction in a safe environment oriented for women over the age of 18 years who are either pregnant or parenting children from ages infant to 17 years. **Bilingual. Se habla español.** Eligibility/Cost: Sliding scale/Medi-Cal accepted.

### NEW LIFE CENTER \* COMMUNITY SERVICE PROGRAM

707 Fair Avenue  
Santa Cruz, CA 95060

**Contact: Jessie Jones**  
**Tel: (831) 427-1007 Ext. 102**  
**Fax: (831) 454-0545**  
**Toll Free: 1-800-474-6758**

Residential/Inpatient/Outpatient/Day Treatment services. Twelve step social model. Variable length of stay, six months or more. Clean and sober transitional housing. Relapse prevention, Alcohol & Drug education, case management, and after care. Group, individual and crisis counseling. Emphasis on low-income single adults & families. Children may stay with their parents during treatment. Treatment scheduling adjustable to allow programming-residents to keep "outside" jobs. Multi-Cultural. Disabled accessible. Flexible sliding scale fee structure, starting at \$21.00 a day. Insurance payees and SSI recipients accepted. Criminal Justice referrals. **Bilingual.** *Se habla español.*

**SANTA CRUZ RESIDENTIAL RECOVERY**

125 Rigg St.  
Santa Cruz, CA 95060

Contact: Jason Whitt  
Tel: (831) 423-3890  
www.encompasscs.org

A two-month program of comprehensive treatment for alcohol and drug abusing adult men and women with transition into outpatient counseling for aftercare if needed, job training and probation referrals. Fee-scale; no one refused services due to lack of ability to pay. Component of Encompass Community Services. Disabled Accessibility: Wheelchair (partially) accessible, parking. No bilingual services.

**SI SE PUEDE \***

161 Miles Lane  
Watsonville, CA 95076

Contact: Jorge Gutierrez  
Tel: (831) 761-5422

Residential inpatient services for male adults 18 years and older. Adult program 3-6 months. Treatment for abusive behavior, drugs, and alcohol. Fees based on ability to pay. **Bilingual. Se habla español.**

**THE CAMP**

3192 Glen Canyon Road  
Scotts Valley, CA 95066

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Cell: (831) 438-1868  
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**SUMMIT ESTATE RECOVERY CENTER**

Santa Cruz Mountains  
Los Gatos, CA

Contact: Jeannie Anderson  
Tel: 1(877) 723 2778  
Email: info@summit-estate.com  
http://www.summit-estate.com

Summit Estate Recovery Center is a small 6-bed program offering personal attention and luxury accommodations on 23 acres of land in the midst of the redwoods of the Santa Cruz Mountains. Highly individualized recovery services include relapse prevention, co-dependency education, individual and family psychotherapy, and 24 hour RN coverage. Plenty of outdoor activities are offered, including trail hiking and fishing on a mountain pond. Gourmet meals and holistic health therapies round out the healing experience intended to relax and rebuild your mind and body within a 60-90 day extended stay model. Insurance accepted.

**OUTPATIENT & INTENSIVE OUTPATIENT**

**ALTO NORTH COUNSELING CENTER \***

716 Ocean St.  
Santa Cruz, CA 95060  
Tel: (831) 427-5290

**ALTO COUNSELING CENTER SOUTH**

585 Auto Center Drive  
Watsonville, CA 95076  
Tel: (831) 722-5914

Comprehensive continuum of care outpatient services for substance use disorders and co-occurring disorders. Programs include Drug Prevention, Employee Assistance Programs, Drug Deferred Judgement, Early Recovery, Relapse Prevention, Intensive Outpatient Program, Domestic Violence, Anger Management, and First and Multiple Offense Drinking Driver Programs. Services include, assessment and referral, individual, family, and group counseling. Evidenced based models are used to include CBT, Matrix, Seeking Safety, Mindfulness, and Psychoeducation. Emphasis on services to populations with special needs, such as Latinos, women, and criminal justice system referrals. Countywide services are available in English or Spanish. Fees are based on ability to pay. Alto is a component of Community Recovery Services at Encompass Community Services. Site is disability accessible. Medi-Cal is accepted. **Bilingual. Se habla español.**

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**PAJARO VALLEY PREVENTION STUDENT ASSISTANCE INC.** \*

335 E. Lake Ave.  
Watsonville, CA 95076

**General Contact: Beatriz Collazo**  
**Director: Erica Padilla-Chavez**  
**Tel: (831) 728-6445**

Comprehensive school-based alcohol and drug abuse prevention services, K-12 curriculum, intervention program, and parent education. Disabled Accessibility: Wheelchair, parking wheelchair, and interpreter for deaf available. Medi-Cal accepted. **Bilingual.** *Se habla español.*

**SOBRIETY WORKS**

8030 Soquel Ave Suite #103  
Santa Cruz, CA 95062

**Contact: Rachael Ellis**  
**Tel: (831) 476-1747**  
**Email: sobrietyworks@sobrietyworks.com**  
**www.sobrietyWorks.com**

Sobriety Works is an outpatient program for adults which offers the following treatment options: Intensive Day Treatment, Intensive Evening Treatment, Relapse Prevention Treatment, Women's Relapse Prevention & Psychotherapy Group, as well as individual and/or family therapy for clients and their loved ones. Sobriety Works has clean and sober residences available for treatment and non-treatment clients. Our staff has extensive experience working with probation and the court system. Treatment is funded via private pay, insurance and through county funds (AB109). Payment plans are available.

**YOUTH SERVICES** \*

709 Mission St.  
Santa Cruz, CA 95060  
**Contact: Irene McCormick**  
**Tel: (831) 429-8350**

Outpatient counseling services for youth (ages 12-18) with drug and alcohol abuse problems. Individual, group, and family counseling. Sliding fee scale. Disabled Accessibility, Wheelchair, Parking. Medi-Cal accepted. **Bilingual.** *Se habla español.*

241 E. Lake Ave.  
Watsonville, CA 95076

**Contact: Bree Bode**  
**Tel: (831) 688-8856**  
**www.encompasscs.org**

**THE CAMP**

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## MEDICATION-ASSISTED TREATMENT

### JANUS OF SANTA CRUZ

#### COMMUNITY CLINIC \*

#### **Methadone and Buprenorphine Maintenance**

1000 #A Emeline Ave.,  
(entrance in back)  
Santa Cruz, CA 95060

Tel: (831) 425-0112

#### Medication Assisted Treatment for Opiate Addiction

Janus uses two forms of medication assisted treatment for opiate addiction, each designed to help break the pattern of addiction in ways that are safe and effective. The Clinic Medical Director has many years of experience in prescribing methadone and buprenorphine and overseeing these courses of treatment. In collaboration with each patient, the Janus clinical team determines which medication will be most effective. Counseling and patient involvement is an integral part of the ongoing treatment. Medi-Cal accepted. Wheelchair accessible.

**Bilingual.** *Se habla español.*

### JANUS-SOUTH COUNTY

284 Pennsylvania Ave,  
Watsonville, CA 95076

Tel: 831-319-4200

[www.januscc.org](http://www.januscc.org)

#### Medication Assisted Treatment for Opiate Addiction

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**Bilingual.** *Se habla español.*

## MUTUAL SELF-HELP GROUPS

### ALANON AND ALATEEN \*

(District 23)

P.O. Box 713  
Soquel, CA 95073

**Contact: Rachel**

**Tel: (831) 688-1792**

**Contact: Rodney**

**Tel: (831) 588-4103**

**Tel:(831) 462-1818 (24 hrs)**

**ACA-Bay Area (415) 641-7373**

**(415) 442-7998**

Al-Anon is an anonymous fellowship of men and women whose lives have been affected by the drinking of a family member or friend. Ala-Teen meetings are for those of ages 12 through 20. We meet to share experiences, strength and hope and to study the 12 steps of Alcoholics Anonymous. No dues or fees. Bilingual meetings in Hollister and Watsonville. Disabled Accessibility: Wheelchair.

Adult Children of Alcoholics (ACA) 12 step group support. Weekly meetings at Loudon Nelson Center, 301 Center (corner of Laurel & Center) S.C. 95060, every Thursday at 7:00 p.m. And "Parents with Hope" meetings Sunday evenings at 6:00 pm at Mt. Calvary Lutheran Church, 2402 Cabrillo College Drive, Soquel, CA. To confirm all other meeting times, call (831) 420-6177.

### ALCOHOLICS ANONYMOUS OF SANTA CRUZ COUNTY \*

5732 Soquel Drive  
Soquel, CA 95073

**Reception: (831) 474-5782**

**24 Hrs.: (831) 475-5782**

[www.aasantacruz.org](http://www.aasantacruz.org)

Fellowship of men and women with drinking problems with the purpose of staying sober and helping other alcoholics achieve sobriety. Immediate contact with a recovering alcoholic, information, and literature. Free, no fees or dues. Disability Accessibility: none.

Current meeting schedules can be obtained at Alcoholic Anonymous office in Soquel, Monday-Saturday, 9:00a.m. to 5:00 p.m., 9am-2pm Sat.

**Bilingual.** *Se habla español.*

### CELEBRATE RECOVERY

Santa Cruz Bible Church  
440 Frederick St.  
Santa Cruz, CA 95062

**Fred Wilson**

**Tel: (831) 429-1162 x260**

[cr@santacruz bible.org](mailto:cr@santacruz bible.org)

A fellowship of men and women where recovery is based on the Bible and 8 principles addresses all kinds of addictions and is not based on age, sex, race or religious background. Disabled accessibility not known. Meets Friday's at 7:00 p.m. in the Santa Cruz Bible Church Student Center.

**CO-DEPENDENTS ANONYMOUS**

P.O. Box 1415  
Santa Cruz, CA 95061

**Admin.: (831) 469-6096**  
**Crisis Line: (831) 429-1478**

This service follows a 12-step program (like Alcoholics Anonymous). It is designed for persons suffering from compulsiveness in the conduct of their interpersonal relationships. They also invite people who have (or have had) substance abuse problems that have complicated their ability to act responsibly in relationships. Free. Disabled Accessibility: Not known. Call for meeting times.

**COCAINE ANONYMOUS**

**Tel: (831) 475-1727**  
(meeting referral line)  
www.norcalca.com

A fellowship of men and women who come together to obtain freedom from addiction to cocaine and all other mind-altering substances.  
Disabled Accessibility: Not known.

**DUAL RECOVERY ANONYMOUS (DRA)**

Mental Health Client Action  
Network  
1051 Cayuga St  
Santa Cruz CA

Dual Recovery Anonymous (DRA) is a 12-step program for men and women who are affected by an emotional or a psychiatric illness along with a chemical dependency. The primary purpose of DRA is to help one another achieve dual recovery, to prevent relapse and to carry the message of recovery to others who experience a dual disorder. The DRA program is based on the principles of the Twelve Steps and the personal experiences of men and women in dual recovery.

**Director of Operations: Ron Myers**  
**Tel: (831) 454-9620 x 300**  
**Cell: (831) 419-0475**  
**Email: ronmyers2@yahoo.com**

**MARIJUANA ANONYMOUS \***

P.O. Box 1481  
Santa Cruz, CA 95061  
www.marijuana-anonymous.org

Self-help (non-religious) fellowship group for those who cannot control their marijuana use and are experiencing adverse effects in other areas of their life. No fee is charged. Meetings are at Loudon Nelson Center on Wednesdays 7–8:15 p.m. Call to confirm at 420-6177. Also, New Life Center, 707 Fair Ave, Santa Cruz on Saturdays from 8:00-9:00 p.m., 427-1007, and Teen Meetings, Fridays, New School at La Manzana, 521 Main St. Watsonville. Can also contact: Marijuana Anonymous at (800) 766-6779 or write: P.O. Box 2912 Van Nuys, CA 91404. Call to confirm meeting times and locations. Bilingual. *Se habla español.*

**SC Hotline/Meetings:**  
**(831) 427-4088**  
**Spanish: (831) 336-0871**  
**SJ Hotline: (408) 450-0796**

**MEN OVERCOMING ABUSIVE BEHAVIOR (M.O.A.B)**

Loren Stirling  
**Tel: (831) 244-0881**

**www.moab.org**

MOAB is self-facilitated men’s support group. MOAB was originally founded by a few local men who endeavored to find ways to recognize and deal with their anger and the abusive behavior in their relationships. Over the years MOAB has become a safe and confidential environment to talk with other men about things that we may ordinarily harbor or conceal. Listening to others helps us to recognize our own hidden issues so they become easier to deal with.

Meetings are FREE (there are no dues or fees, although we do accept donations for the purchase of necessary supplies). All men are welcome to attend; the only requirement is sobriety during meeting times.

**Meetings at:**

United Way Conference Room  
1220 41<sup>st</sup> Ave. #C  
Capitola, CA 95010  
(Monday, 7:00-9:00 p.m.)  
(Thursday, 7:00-9:00 p.m.)

Watsonville  
408-A Main St-community action conference room  
(Monday 7-9pm)  
(Weds 7-9 Spanish mainly)

**NARCOTICS ANONYMOUS**

**24 Hr. HELPLINE: (831) 429-7436**  
www.scnapi.org

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

**SMART Recovery®**

Calvary Episcopal Church  
"The Little Red Church"  
(in the school building)  
532 Center St.  
Santa Cruz, CA 95062  
Tues. 7:30 p.m.

SMART Recovery® (Self-Management And Recovery Training) is a free self-help program for recovery from addictive behavior. Based on cognitive-behavioral and motivational-therapy methods, we help people learn practical coping and recovery skills. This is regardless of their religious or spiritual convictions or the lack of them. Groups are generally small and interactive in format so that everyone present can feel welcome to join in the discussion.

Contact: Coady Barnum  
Coady Barnum@mac.com  
www. Smartrecovery.org

**FAMILY INTERVENTIONS - for families with someone who needs treatment but is not yet ready to enter treatment**

**COACH FOR RECOVERY**

Monique Cook  
Cell: (831) 818-9132  
santacruzmonique@aol.com  
www.CoachforRecovery.com

Coach for Recovery offers comprehensive services for people seeking recovery, emphasizing on Recovery Coaching, Interventions, and Counseling. We bring a unique and powerful approach to serving people based on many years of practice and a deep insight into human nature. We will work with you on a one-on-one basis to guide you through the difficult task of recovery.

**INTERVENTION AND COUNSELING SERVICE**

5905 Soquel Dr. #300  
Soquel, CA 95073

Mark Kalemos  
(831) 462-3271

Confidential intervention and counseling with sensitivity to individual and family needs. Strategies developed and implemented for all areas and levels of substance related problems. Services include: intervention strategies for families and colleagues designed to confront/stop individual's substance use; all stages of recovery counseling; education about processes and effects of substance use; agency/department presentations. Services for family/or others available without the alcoholic/addict present. Sliding scale available.

**INTERVENTION WORKS! \***

Contact: Dan McGuire  
Cell: (831) 332-0047  
Tel: (831) 421-9768  
Email: damon95060@yahoo.com

Professional assistance designed to help a loved one or colleague get treatment for chemical dependency and related issues. Contact by phone or e-mail for confidential consultation. Brochure describing services available upon request. Fee for services varies. Disabled accessible. **Bilingual.** *Se habla español.*

**\* = Spanish Speaking Services Available**

TDD - Deaf and disabled clients-Relay Services Assistance (831) 454-4748.

STATEWIDE information: 1-800-662-4357, [www.adp.state.ca.us](http://www.adp.state.ca.us)

Referral resource information is provided as a courtesy to the public and does not imply endorsement of the providers or services by the County or the Alcohol and Drug Abuse Commission. The following agencies and organizations provide services, which are focused primarily on alcohol and drug abuse.